

2027-2028 Course's Timetable

| Dates | Course/Event | Course Leader |
|-------------------------------|--|--------------------------------|
| 12/01/2027 - 18:00 CET | Q&A Online Session 1 | Admin |
| 21/01/2027 - 18:00 CET | Q&A Online Session 2 | Admin |
| 23/01/2027 - 12:00 CET | Opening Ceremony (Hybrid Session) | Dr. Sakkas – Prof. Karatzaferi |
| Semester A | | |
| 29-30-31/01/2027 – 08:00 CET | MA01 - Evidence Based Practice | Prof. Metsios |
| 09/02/2027 – 18:00 CET | Q&A Session | |
| 13/02/2027 – 09:00 CET | Online Quiz – MA01 | |
| 26-27-28/02 /2027 – 08:00 CET | MA02 - Sexual Health, Gender, Self-care and Relationships | Prof. Stefanidis – Dr. Hanes |
| 09/03/2027 – 18:00 CET | Q&A Session | |
| 13/03/2027 – 09:00 CET | Online Quiz – MA02 | |
| 26-27-28/03/2025 – 08:00 CET | MA04 - Nutrition for Health and Wellbeing | Dr. Grammatikopoulou |
| 06/04/2027 – 18:00 CET | Q&A Session | |
| 10/04/2027 – 09:00 CET | Online Quiz – MA04 | |
| 23-24-25/04/2027 – 08:00 CET | MA03 - Exercise and Physical Activity for Health and Diseases | Dr. Sakkas |
| 11/05/2027 – 18:00 CET | Q&A Session | |
| 15/05/2027 – 09:00 CET | Online Quiz – MA03 | |
| 22/05/2027 – 08:00 CET | SE01 - Seminars in Research Methods & Statistics | Dr. Veskoukis |
| 01/06/2027 – 18:00 CET | Q&A Session | |
| 05/06/2027 – 09:00 CET | Semester's Final Exams | Dr. Sakkas |

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| Semester B | | |
| 18/09/2027 – 09:00 CET | September Remedial Exam | Prof. Karatzaferi |
| 1-2-3/10/2027 – 08:00 CET | MB01 - Sleep Hygiene | Prof. Dardiotis |
| 12/10/2027 – 18:00 CET | Q&A session | |
| 16/10/2027 – 09:00 CET | Online Quiz – MB01 | |
| 29-30-31/10/2027 – 08:00 CET | MB02 -Stress and Anxiety Management | Dr. Sakkas |
| 09/11/2027 – 18:00 CET | Q&A session | |
| 13/11/2027 – 09:00 CET | Online Quiz – MB02 | |
| 26-27-28/11/2027 – 08:00 CET | MB03 - Substance Use, Addictions and Related Behaviours | Dr. Georgakouli |
| 07/12/2027 – 18:00 CET | Q&A session | |
| 11/12/2027 – 09:00 CET | Online Quiz – MB03 | |
| 12/12/2027– 08:00 CET | SE02 - Seminars in Systematic Reviews & Meta-Analysis | Prof. Metsios |
| 7-8-9/01/2028 – 08:00 CET | MB04 - Environmental Physiology and Human Health | Prof. Flouris |
| 18/01/2028 – 18:00 CET | Q&A session | |
| 22/01/2028 – 09:00 CET | Online Quiz – MB04 | |
| 01/02/2028 – 18:00 CET | Case Study Q&A session | Dr. Sakkas |
| 05/02/2028 – 09:00 CET | Semester's Final Exams | Dr. Sakkas |
| 19/02/2028 – 09:00 CET | Remedial Exams | Prof. Karatzaferi |

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| Semester C | | |
| 12-13/02/2028 – 08:00 CET | Thesis Workshop | Prof. Karatzaferi |
| Summer School in Greece - 25/06/2028 – 02/07/2028 | | |
| 25/06/2028 - 20:00 CET | Welcome Ceremony | Prof. Sakkas – Prof. Karatzaferi |
| 26/06/2028 – 08:00 CET | SE03 - Seminar in Presentation & Communication Skills | Prof. Sakkas |
| 27/06/2028 – 08:00 CET | E01 - Stress and Anxiety Counselling | Prof. Sakkas |
| 28/06/2028 – 08:00 CET | E02 - Sleep Polysomnography and Sleep Coaching | Prof. Sakkas |
| 29/06/2028 – 08:00 CET | E03 - Body Composition Assessment | Prof. Sakkas |
| 30/06/2028 – 08:00 CET | E04 - Fitness Capacity Assessment | Dr. Karatrantou |
| 01/07/2028 - 08:00 CET | Students' Conference – Thesis Defence | Prof. Karatzaferi |
| 02/07/2028 - 08:00 CET | Students' Conference – Thesis Defence | Prof. Karatzaferi |
| 02/07/2028 – 20:00 CET | Closing Ceremony | Prof. Sakkas – Prof. Karatzaferi |
| 03/07/2028 | Departure | |
| 04/07/2028 – 09:00 CET | July Remedial Exams | Prof. Karatzaferi |
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